

# INTEGRATED SCHOOL SUPPORT PROGRAM



The Integrated School Support Program (ISSP) in ISSP schools provides comprehensive services for academic and social success. These services are student-centered, easily accessible within the school, and foster holistic development. ISSP offers a full-time mental health professional, and supports a positive police presence. As we move forward, we are actively collaborating with the school and the community to gradually embed daily physical education, nutrition support, after-school programs so that all these elements are in place over time, ensuring a seamless and supportive environment for students.

## KEY COMPONENTS OF THE PROGRAM

Integrated School Support Program



### 1 Mental Health



Supporting positive mental health is important while creating a supportive and inclusive learning environment. These resources, such as counselling, peer support, and universal awareness, assist students in managing stress, emotional challenges, and mental health issues, leading to improved well-being and academic success.

### 2 Nutrition



A school nutrition program is vital for student health, offering balanced meals, teaching healthy eating habits, and providing access to nutritious food to enhance physical and mental health. Its goal is to foster lifelong healthy habits, improving academic performance and overall well-being.

### 3 Physical Education



Daily physical education is an essential component of a well-rounded education, promoting physical fitness, healthy habits, and overall well-being among students.

### 4 After School Programming



After school programs provide a safe and engaging space for students, promoting social development, physical activity, and academic support; ultimately enhancing their overall well-being and learning experience.

### 5 Positive Police Presence



When officers actively engage with the school community through programs like mentoring, education on safety, and building positive relationships, they can contribute to a supportive and nurturing learning environment, helping to bridge the gap between law enforcement and students.

ISSP began in Calgary led by the Calgary Police Service and the Calgary Police Youth Foundation, believing that all kids deserve to have access to the supports they need to thrive emotionally, physically, socially and academically. We are thankful for the support of the Government of Alberta as we expand the program across the province. We believe this research based wraparound approach positively impacts student success and communities. Watch for consent forms and surveys soon as we encourage both parents and students to participate.